



PUBLIC SERVICES  
INTERNATIONAL

## CONTACT IN TRINIDAD

Immigration officials may ask you for your contact in the country:  
NUGFW  
145-147 Henry Street, Port of Spain  
Tel: 1 868 235-6258 (Cecelia London-Chapman, general secretary)

## AIR TRAVEL

Your passport should be valid for a minimum of six months from the date you arrive. Please check.

Please carefully review your e-ticket(s), ensuring that you have information for all segments of your travel. Please also visit the website(s) of your carrier(s), carefully noting, baggage allowance, security requirements and other advice to ensure a hassle-free journey.

[Caribbean Airlines](#)  
[American Airlines](#)  
[COPA Airlines](#)  
[Inter Caribbean Airways](#)

All international airports follow the guidelines established by the USA TSA.

### **Please use online check-in facilities where available.**

The airlines will have the mobile number for those for whom PSI has arranged flights, in case of any schedule changes or delays. We urge those who have organised their own travel arrangements to use the notification facilities available on airlines' websites and/or ensure that your travel agent/airlines have your mobile number and personal email address.

Please pay particular attention to COVID-19 guidelines for your home country, Trinidad and any transit countries.

## ACCOMMODATION & MEETING VENUE

Given the number and types of rooms required, we are using two (2) hotels:

[Normandie Hotel](#)  
10 Nook Avenue, St Ann's  
Port of Spain  
1 868 624-1181

[Kapok Hotel](#)  
16 - 18 Cotton Hill, St. Clair  
1 868 622-576

All reservations are in the name(s) of participant(s).

All meetings will take place in the Village Hall at the Normandie.

## 2022 Sub regional Advisory Women's Committee Meeting (SUBWOC)

– September 5

## 2022 Sub-regional Advisory Committee Meeting (SUBRAC) –

September 6 and 7

Normandie The Hotel, Port of Spain, Trinidad

<b>TRANSPORTATION FROM PIARCO INTERNATIONAL TO YOUR HOTEL</b>	<p><b>Lindley Cedeno</b> is coordinating transportation arrangements from the airport to the hotel. She has provided a competitive rate of USD30.00 per trip.</p> <p>See note on transportation arrangements.</p>
<b>TIME ZONE</b>	<p>At the time of the meetings, the time in Port of Spain is:</p> <ul style="list-style-type: none"> <li>▪ same time as in the Eastern Caribbean, Dutch Caribbean, Haïti, and the USA;</li> <li>▪ one hour behind the time in Bermuda;</li> <li>▪ one hour ahead of the time in Jamaica;</li> <li>▪ two hours ahead of the time in Belize</li> </ul>
<b>CURRENCY</b>	<p>Official currency is the Trinidad &amp; Tobago dollar (TTD). The currency is on a managed float regime, with an exchange rate of approximately USD1.00 = TTD6.63.</p> <p>Visit <a href="http://www.oanda.com">www.oanda.com</a> for up-to-date rates.</p> <p>In February 2021, the central bank introduced a polymer version of the \$1 and a redesigned polymer \$50 note. The paper-based notes were discontinued on January 1, 2022.</p> <p>Best rate is always at a bank. There are banks, Cambio and ATMs at Piarco International Airport. The Cambio for currency exchange is located immediately after leaving the Immigration Hall.</p> <p>We recommend that you use the official currency (TTD) for your various purchases/financial transactions.</p>
<b>ELECTRICITY</b>	<p>100 volts, (2 flat pins or 2 flat pins with round ground pin).</p> <p>For those who use 220 volts, please bring your pin adaptors</p> <p>The hotels provide irons and ironing boards in rooms.</p>
<b>TAXIS</b>	<p>We recommend that you organise taxis through the front desk.</p>
<b>HEALTH &amp; SAFETY</b>	<p>Please check with your health authorities to confirm COVID-19 exit and entry requirements for travelers.</p> <p>There is no longer the mandatory wearing of masks in Trinidad &amp; Tobago, with the exception of public health facilities and other institutions. However, please note that this may vary from business to business. Please inquire in advance.</p>
<b>EATING OPTIONS</b>	<p>If you are not interested in having dinner at the hotel, there are many options available near the Normandie and the Kapok hotels.</p> <p>There is also a mini mart a major supermarket up the road from the Normandie. Ariapita Avenue with its street food is also nearby.</p>

